

CLASSICS

Our Buffet 19

all you can eat | fresh baked pastries | seasonal fruit | scrambled eggs | hash browns
bacon | sausage | oatmeal | cereal favorites
includes juice and coffee

The All American 15

two eggs any style | hash browns | choice of bacon, sausage or turkey bacon | choice of toast, bagel or english muffin | includes juice and coffee

Good Start 15

choice of oatmeal, cereal or house granola | choice of fresh berries or bananas | skim milk
choice of toast, bagel or english muffin | includes juice and coffee

Eggs Benedict 13

lightly poached eggs | canadian bacon | toasted english muffin | hollandaise sauce | hash browns

Smoked Salmon Bagel Plate 15

bagel | cream cheese | egg | tomato | onion

Fast Fare 12

scrambled eggs | ham | hash browns

3 EGG OMELETS

whole eggs or egg whites | hash browns | toast

Classic Ham & Cheddar 13

Western 13

ham | peppers | onions | cheddar cheese

California Dreamin' 13

avocado | tomato | onions | swiss cheese

The Three Little Pigs 13

bacon | ham | sausage | cheddar cheese

Build Your Own 13

choose any three [extra toppings \$0.50 per] | ham
bacon | sausage | turkey sausage | onions
peppers | tomato | mushrooms | avocado
cheddar cheese | swiss cheese

FROM THE GRIDDLE

choice of bacon, sausage or turkey bacon
vanilla bean butter | warm maple syrup

Short Stack 13

buttermilk pancakes your way [plain, blueberry, banana or chocolate chip]

Golden Belgian Waffle 13

choice of strawberry-banana, caramel-apple
or nutella banana

French Toast 13

choice of crunch cornflake crusted or cinnamon
or cinnamon raisin | strawberries & bananas

BISTRO SPECIALTIES

Breakfast Quesadilla 11

flour tortillas | scrambled eggs | cheddar-jack
cheese | tomato salsa | avocado-cilantro crema

Break-Fast Sammie 10

choice of bacon or sausage | fried eggs | cheddar
cheese | choice of kaiser roll or croissant

FIT FOR YOU

Acai Berry Super Bowl 10

soy-acai fruit puree | seasonal berries | bananas
cherry almond granola | toasted pumpkin seeds

Body Fuel Green Juice 8

cucumber | celery | kale | granny smith apple
ginger root | fresh lemon juice

Fresh Fruit Smoothie 8

banana-strawberry or wild berry | flax seed
vanilla yogurt | white cranberry juice

Egg White Frittata 13

tomato | turkey sausage | avocado

Oatmeal 9

brown sugar | sun dried fruits | hot milk

Cherry Almond Granola Parfait 9

fresh berries | vanilla yogurt

Seasonal Fruit Plate 14

Fresh Picked Berry Bowl 9

SIDES

Toast 4

Bacon 4

Avocado 3

Sausage 4

Yogurt 3

Ham 4

Bakery Basket 4 Hash Browns 4

Cereal & Milk 6 Fruit Cup 5

New York Bagel & Cream Cheese 4

BEVERAGES

Refreshing Juice 4

orange | apple | cranberry | grapefruit
pineapple | tomato | V8

Fresh Brewed Coffee 4

Espresso single 3 double 5

Selection of Tazo Teas 4

Chilled Milk or Hot Chocolate 3

Iced Coffee or Iced Latte 4

Latte, Chai Latte, Cappuccino
or Café Mocha 5

